



# McAlister Breakfast Menu

Mar 2021

1

**Breakfast Sandwich**

Cinnamon or  
Strawberry Cream  
Cheese Bagel

2

**Pancakes**

French toast

3

**Donuts**

Asst Muffin w/  
String Cheese

4

**Omelete**

Asst Cereal Bar

5

**Frudel**

Waffles

8

**Breakfast Sandwich**

Cinnamon or  
Strawberry Cream  
Cheese Bagel

9

**Pancakes**

French toast

10

**Donuts**

Asst Muffin w/  
String Cheese

11

**Omelete**

Asst Cereal Bar

12

**Frudel**

Waffles

15

**Breakfast Sandwich**

Cinnamon or  
Strawberry Cream  
Cheese Bagel

16

**Pancakes**

French toast

17

**Donuts**

Asst Muffin w/  
String Cheese

18

**Omelete**

Asst Cereal Bar

19

**Frudel**

Waffles

22

**Breakfast Sandwich**

Cinnamon or  
Strawberry Cream  
Cheese Bagel

23

**Pancakes**

French toast

24

**Donuts**

Asst Muffin w/  
String Cheese

25

**Omelete**

Asst Cereal Bar

26

**Frudel**

Waffles

29

**Breakfast Sandwich**

Cinnamon or  
Strawberry Cream  
Cheese Bagel

30

**Pancakes**

French toast

31

**Donuts**

Asst Muffin w/  
String Cheese

1

**Omelete**

Asst Cereal Bar

2

**Frudel**

Waffles

**Parents! Need Extra \$\$\$?**

**Become a Food Service Sub!**

**Contact Kathy Carney at 860-668-3802**

**Breakfast and Lunch are Free**

If your child receives free or reduce lunch then they also qualify for free or reduce breakfast

**Breakfast includes entrée, fruit, juice and milk.**